

> to use a potter's wheel: it's harder than it looks, but fulfilling when you get the hang of it! Take part in an archaeological dig – I did as a child and still remember using a toothbrush to gently brush earth away from Bronze Age blue beads.

I hope that by choosing even one or two of these activities to enjoy together you can help your whole family feel closer to the earth – and to marvel at its constant renewal and the many ways in which it provides for us. ●

### Find out more

*Persephone: A Journey from Winter to Spring* by Sally Pomme Clayton, illustrated by Virginia Lee, Frances Lincoln

[www.pinterest.com/melissaaddey/playing-with-the-elements-earth](http://www.pinterest.com/melissaaddey/playing-with-the-elements-earth) email Melissa with more ideas for earth-focused activities to add to the board [melissa@melissaaddey.com](mailto:melissa@melissaaddey.com)

## Celebrating the earth all year

Celebrate the spring festival of Holi – coloured powders are thrown, which would once have been pigments from the earth – and get involved with Earth Day (22 April) activities.

Follow the cycle from leaves falling and rotting into earth, the hibernation of the earth in winter, and fresh new leaves emerging each spring. Enjoy harvest festivals in autumn, the bounty grown in earth.



Steve Taylor - www.stevetaylor.com/stockphotosbysteve.com



Patrick Tierney



In the autumn issue : FIRE

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